



Behavioral health is in flux because of the upheaval and uncertainties in the larger healthcare environment. The danger is that some of the recent gains in behavioral health may be undermined if not lost. The challenge for the field is how to build on its successes as changes occur in funding and insurance, clinical and care models, workforce, and the emergence of new technologies. Come join us at our **58th Annual Conference** to discuss this issue and more.



Partnering with

The National Association  
of County Behavioral  
Health and Developmental  
Disability Directors

National Association of  
State Mental Health  
Program Directors

The Western Interstate  
Commission for Higher  
Education (WICHE)  
Mental Health Program

Presents



## Framing the Future of Behavioral Health Services: What's the Next Step?

**October 23-25, 2017**

Pre-Conference - October 22, 2017

**Renaissance Arts Hotel**

700 Tchoupitoulas Street  
New Orleans, LA 70130

**Conference Room Rate:**

**\$156.00 + tax, before 10/6/17, 5:00 p.m.**

**Hotel Phone: 877-622-3056. Refer to NDBH Room Block**

**Parking is available at the hotel or a nearby public lot for a fee.**

**Conference Rates:**

**\$150.00 Sunday Pre-Conference or Single Day Fee**

**\$295.00 Conference Fee Only**

**For more information and to register, go to:**

**[www.nationaldialoguesbh.org](http://www.nationaldialoguesbh.org)**

**Suggested Audience:** Psychiatrists, Social Workers, Nurses, Psychologists, Counselors, Addiction Counselors, Case Managers, Administrators, Policy Makers, Behavioral Healthcare Providers, State/County Behavioral Healthcare Administrators, Members of the Judiciary, Justice System Administrators, Law Enforcement/Justice System Stakeholders Departments, Emergency/Disaster Response Professionals, Educators, School Based Counselors, Health Plan Administrators, Health Policy Makers, Academicians.

**Conference Site meets ADA requirements. Please contact the Renaissance Arts Hotel for more information.**

## AGENDA

### Sunday, October 22, 2017

**9:30 am – 3:30 pm Pre-Conference: Is a best practice model possible for behavioral health in the new health care environment?**  
This session will explore the exciting advances and gains made to mental health services over the last decade; and will discuss the tensions and threats to those advances that must be faced and addressed now.  
*(Please see next page for details)*

### Monday, October 23, 2017

**8:00 – 8:30am Registration**

**8:30 – 9:00am Welcome and Overview**  
*Jan Kasofsky, PhD, President, NDBH*

**9:00 – 10:30am Setting the Stage**  
National policy on healthcare is in a state of turmoil with plans to replace or repeal the ACA under discussion. What impact will this have on behavioral healthcare or broader healthcare policy and how these services are funded? Change is inevitable.  
*John O'Brien, Technical Assistance Collaborative*

**10:30 – 11:00am Dialogue with speakers**

**11:15 - 12:00pm Medication Assisted Treatment**  
To achieve the desirable future of providing MAT, what should YOUR next steps be?  
*Rochelle Dunham, MD, Metropolitan Human Services District*

**12:00 – 1:30pm LUNCH**

**1:30 - 2:15pm First Episode Psychosis Programs**  
The FEP program started with research at NIMH and led to successful partnerships forged between Federal & State Organizations with providers to promote best practices.  
*Susan T. Azrin, PhD, NIMH Division of Services and Intervention Research*

## Conference Registration

To register, please go to our web site:  
[www.nationaldialoguesbh.org](http://www.nationaldialoguesbh.org)

### Conference Fees

- \$150.00 Pre-Conference Fee (Sunday)
- \$295.00 Conference Fee (Monday-Wednesday)
- \$150.00 Single day Conference Fee

If you have questions concerning conference registration, please contact: Brittany Copithorn at [bcopithorn@wiche.edu](mailto:bcopithorn@wiche.edu)

***Cancellations will be honored if requested at least 3 working days before the start of the conference.***

### Hotel Reservations

To make hotel reservations, please contact the Hotel Reservations Desk at [877-622-3056](tel:877-622-3056). Request a room in the NDBH Room Block.

An application for CEUs for social workers is pending approval from the National Association of Social Workers.

### NDBH Executive Committee

Jan Kasofsky, <i>President</i>	Deborah Westvold, <i>Secretary</i>	
James Dunaway	Jacqueline Fleming, <i>Co-Treasurers</i>	
Thad Dickson	Brian Hepburn	Melanie Norwood
Grant Drawve	James Hussey	Mary E. Smith
Vijay Ganju	Debra Kupfer	Carole Taff
Hilary Hamlin	Ron Manderscheid	

**2:15 – 3:00pm Trauma Informed Approach**  
In April of 2015, there was civil unrest in Baltimore City. These events were the result of major tension between the police and the community. A decision was made by the health department through the mayor's office to advance Baltimore to being trauma informed to facilitate the healing of the community. Hear how this was done.  
*Brian Sims, MD, NASMHPD*

**3:15 – 4:00pm Integration of Medical and Behavioral Healthcare**  
What environmental, policy and funding issues are likely to impact this treatment model and what needs to happen to assure that individuals have access to integrated medical and behavioral healthcare?  
*Gina Lasky, PhD, Health Management Associates*

**4:00 – 4:30pm Dialogue with speakers**

**4:45 – 6:00pm Reception**

### Tuesday, October 24, 2017

**8:45 – 9:30am Changes in the Model-Intercept Zero**  
The criminal justice system consistently encounters individuals with mental illnesses at each stage (police, courts, and corrections). The Intercept model has the long-term goal of reducing contact and involvement in the criminal justice system among people with mental illnesses. How might this model work for you?  
*Ron Manderscheid, PhD, NACBHDD*

**9:30 – 10:15am Dealing with Complex Behaviors**  
In the emerging changes that are being envisioned to the broader healthcare system, a major concern is the individuals with complex behaviors-both adults and children-are likely to bear the brunt disproportionately. What models and best practices can ensure optimal outcomes in a managed care environment?  
*Leslie Schwalbe, MPA, Optum; Larry Goldman, DMD, Beacon Health Options*

**10:30 – 11:15am Role of Peers**  
Trained peer specialists, through their "lived experiences" are thought to contribute to the rehabilitation and recovery of individuals receiving behavioral health services. How best can peer specialists continue to contribute and thrive in this constantly changing healthcare environment?  
*John Allen, NY Consumer Office*

**11:15 – 11:45am Tying the Models Together**  
*Ron Manderscheid, PhD, NACBHDD; Brian Hepburn, MD, NASMHPD*

**11:45 – 1:30pm LUNCH**

**1:30 – 2:30pm Workforce**  
The broad scope of the services and people associated with behavioral health workforces can be daunting when providing and assessing adequate care. What are the components of a good behavioral health workforce?  
*Stephen Phillippi, PhD, LSU; Dennis Mohatt, MA, WICHE*

**2:45 – 4:00pm Use of Technology & BH Internet Services**  
Technological advancements in supportive mobile technologies, collaborative care models, and cross training has provided insights into what forms effective workforces. What opportunities do you have to maximize the use of technological advancements to improve access to, provision of, and outcomes for, behavioral health services?  
*Jody Bechtold, LCSW, Quartet; Zereana Jess-Huff, PhD*

**4:00 – 4:30pm Dialogue with speakers**

### Wednesday, October 25, 2017

**8:45 – 11:00am Value Based Purchasing**  
Access, utilization and cost of behavioral health services continues to increase over time. Individuals with behavioral health disorders are utilizing significant amounts of healthcare services, and are relying on expensive and innovative treatments and pharmaceuticals. What are the best practices in financing, and how can these be adapted or used in the emerging healthcare environment?  
*Leslie Schwalbe, MPA, Optum; Larry Goldman, DMD, Beacon Health Options; Ted Lutterman, NRI*

**11:00 – 11:30am Dialogues with speakers**

**11:30 – 12:00pm Wrap-up Ron Manderscheid, PhD, NDBH**

# Pre-Conference - Sunday, October 22, 2017

## Is a best practice model possible for Behavioral Health in the new health care environment?

8:45am – Introductions – *Vijay Ganju, PhD, NDBH; Brian Hepburn, MD, NASMHPD*

9:00 -10:00am - How much has been achieved over the past 50 years? Are we at risk of losing all that has been achieved? Are parity and integration achievable?

*Henry Harbin MD, Health Care Consultant, Former CEO of Magellan Health Services*

10:00-11:00am - Recovery model versus medical model-are they mutually exclusive? Is the recovery model dead?

*Anita Everett MD, SAMHSA Chief Medical Officer*

11:00am – Break

11:15 -12:15pm - How do we move forward in developing evidence based practices and increasing the workforce?

*Lisa Dixon MD, MPH, Director of the Division of Behavioral Health Services and Policy Research, Department of Psychiatry, Columbia University*

12:15pm – *Lunch with informal discussion (box lunch will be provided)*

1:15-2:15 pm - Do we have too many psychiatric beds? Is there a best practice crisis services model that decreases pressure on emergency rooms, inpatient services, police and jails and decreases costs?

*David Covington LPC, MBA, CEO and President of RI International*

2:15pm – Break

2:30 -3:45pm - How will managed care contribute to the future of BH? How will managed care address prevention, early intervention, employment, housing and other social determinants of health? What models exist and are being developed for measurement based care and value based payment?

*Leslie Schwalbe, Vice President, State and Local Programs, Optum*

3:45-4:00pm - Wrap up – *Vijay Ganju, PhD, NDBH; Brian Hepburn, MD, NASMHPD*