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## Funding Opportunities for Expanding Crisis Stabilization Systems and Services

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### **Overview**

- Dramatic Increases in Block Grant Funding
- Using Block Grants to Support Statewide Crisis Systems
- Helping Providers Cover Implementation and Construction Costs
- Medicaid Financing for State Investments in Crisis Stabilization Systems
- Medicaid Coverage of Crisis Services
- New Opportunities in Medicaid Mobile Crisis Teams and HCBS
- Telehealth as a Key Component of Crisis Stabilization



## **Dramatic Increases in Block Grant Funding**

#### (Dollars in Millions)

	FY 2020 Appropriations Enacted 12/2019	FY 2021 Appropriations Enacted 12/2020	FY 2021 CAA Supplemental Appropriations Enacted 12/2020 Spending Deadline: 03/2023	American Rescue Plan Act Enacted 03/2021 Spending Deadline: 09/2025
MHBG	\$722.571	\$757.571 (including \$35 million for crisis set-aside)	\$825.000	\$1,500.000
SAPTBG	\$1,858.079	\$1,858.079	\$1,650.000	\$1,500.000



# Using Block Grants to Support Statewide Crisis Stabilization Systems

- 988 highlights the need for collaboration and investment among numerous stakeholders and funding streams
- Key actions for developing statewide systems include
  - Assess availability of existing crisis hotlines, call centers, mobile crisis, crisis stabilization centers
  - Develop protocols for responding to 988 calls, 911 and other hotlines
  - Provide training on equitable responses to disadvantaged communities
  - Implement electronic systems for tracking availability of services
  - Remedy barriers in state laws that block crisis response
  - Assess adequacy of Medicaid reimbursement rates
  - Ensure private insurance covers crisis stabilization services and programs
  - Support providers to bill Medicare and private insurance
  - Expand use of peers for crisis response
  - Collect data to assess impact and ensure quality



## Helping Providers Cover Implementation and Construction Costs

- Start-up and improvement costs for providers include --
  - Hiring staff
  - Developing billing capabilities for Medicare, Medicaid, private insurance
  - Implementation of health information technology
  - Improving telehealth capabilities
- Prohibitions on use of funds for construction creates barriers to addressing the following needs:
  - Developing new capacity to care for individuals experiencing behavioral health crises
  - Modifying existing facilities to accommodate walk-ins and drop-offs
  - Developing separate space for special populations including children and youth
- Other Key Funding Opportunities include
  - US Treasury Dept. Coronavirus State and Local Relief Funding
  - Earmarks in FY 2022 Appropriations





### Medicaid Financing for State Investments in Crisis Stabilization Systems

- CMS State Medicaid Director Letter (SMDL) on Innovative Delivery Systems for Individuals with Serious Mental Illness (SMI) or Serious Emotional Disturbance (SED)
- Regular Medicaid authorities for supporting crisis systems include --
  - Medicaid reimbursement for administrative costs at 50%:
    - For example, Georgia Crisis Access Line
  - Higher administrative match for technology-based activities under Medicaid Information Technology Architecture (MITA):
    - 90% match for implementation and 75% match for operations
    - SMDL refers to several activities as potentially qualifying:
      - Establishing and operating crisis call centers
      - Supporting technologies to link mobile crisis teams to beneficiaries in need
      - Enhancing data-sharing capabilities between hospitals and community-based organizations
      - State development of telehealth enabling technologies and electronic bed registries

## Untapped Children's Health Insurance Program funds for Health Services National Association for Behavioral Healthcare



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## **Medicaid Coverage of Crisis Services**

#### • Medicaid SMDL on SMI/SED points out crisis services that are directly coverable:

• Screening, assessment, diagnosis, treatment services, case management, psychiatric rehabilitation services, peer supports, and family supports.

#### Some not directly covered –

- Outreach and engagement, team coordination and supervision
- Can be covered as ancillary costs

#### • Other excluded services – crisis residential settings if IMDs

- Two Sec. 1115 demonstration initiatives allow for longer stays in a treatment settings
- State plan amendment to cover these services when focused on SUD
- Reimbursement should support crisis services available 24/7 and without an appointment
  - Team-based reimbursement rates better fit for crisis stabilization
    - Allow professional fees to be billed separately
  - Managed care authorities offer flexibility and support braided funding



## New Opportunities in Medicaid – Mobile Crisis Teams

- 85% federal match for 12 quarters between April 2022 and 2027
- For covered services outside a facility to beneficiaries experiencing MH or SUD crises
- Multidisciplinary two-person teams available 24 hours 7 days a week
- Trained in trauma-informed care, de-escalation, and harm reduction
- Include a professional authorized to conduct an assessment
- Able to provide screening/assessment, stabilization, and coordination with health and social services
- Relationship with local medical and behavioral health providers
- Supplement, not supplant state funding for mobile crisis National Association



## New Opportunities in Medicaid – Home and Community-Based Services

- Ten percentage point increase on federal match for HCBS April 2020-2021
- For improvements or expansions to HCBS over three-year period April 2021 through March 2024
- Can be reinvested one time as state share of expanded HCBS services matched at higher rate during first year, April 2021-2022
- Requirement to maintain coverage, eligibility, and provider rates for HCBS in effect April 2021 until additional federal funds are spent
- HCBS eligible for reinvestment covering state share of crisis stabilization services under Medicaid rehab services option or other
- Additional federal funds can be used for many activities to improve crisis stabilization systems – e.g., infrastructure development National Association



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## **Telehealth as a Key Component of Crisis Stabilization**

- Expanded coverage of telehealth can support crisis stabilization systems
- Include coverage of audio-only telehealth
  - Especially important for rural areas and underserved populations
- Recent Medicare improvements- should influence other coverage
  - Covers MH and SUD treatment via telehealth in individual's home or community regardless of geographic location
  - Reimbursement at same rate as in person but no facility fees
  - Covers audio-only for MH and SUD
- Requirement that beneficiary must have been seen by the provider in-person within prior six months for MH only
   National Association for Behavioral Healthcare



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#### **Questions?**

#### "Funding Opportunities for Expanding Crisis Stabilization Systems and Services" https://www.nasmhpd.org/sites/default/files/8\_FundingCrisisServices\_508.pdf

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