

Update on Federal Mental Health and SUD Efforts

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The National Association of County Behavioral Health and Developmental Disability Directors



- Voice of local authorities
- Dual focus on behavioral health and I/DD
- Affiliate of National Association of Counties

The National Association for Rural Mental Health



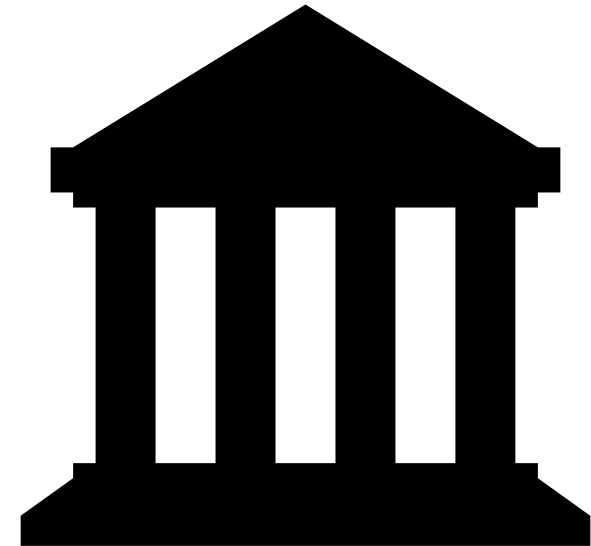
**National Association for
Rural Mental Health**

- Includes spectrum of members
- Improving access, availability, and acceptability
- Affiliate of NACBHDD

Review of Federal Roles

Branches of Government

- Legislative
- Executive
- Judiciary



Role of Federal Government

Research

Funding

Technical Assistance & Training

Regulation & Oversight

Surveillance

Provision of Services

Key Congressional Committees

Senate

- Health, Education, Labor, and Pensions (HELP)
- Finance
- Appropriations

House

- Ways & Means
- Energy & Commerce
- Appropriations

Key Agencies

- Center for Medicare and Medicaid Services (CMS)
- Substance Abuse and Mental Health Services Administration (SAMHSA)
- Health Resources and Services Administration (HRSA)
- National Institute of Mental Health (NIMH)
- Centers for Disease Control and Prevention (CDC)



Present Challenges

COVID-19 and Behavioral Health

Accelerated high rates of SUD/suicide/alcohol deaths

Increased mental health concerns

Burnout of providers

General
Challenges

Youth mental health

Access/Workforce

Launch of 988

Federal Responses

Increased & New Funding

Treatment Flexibilities

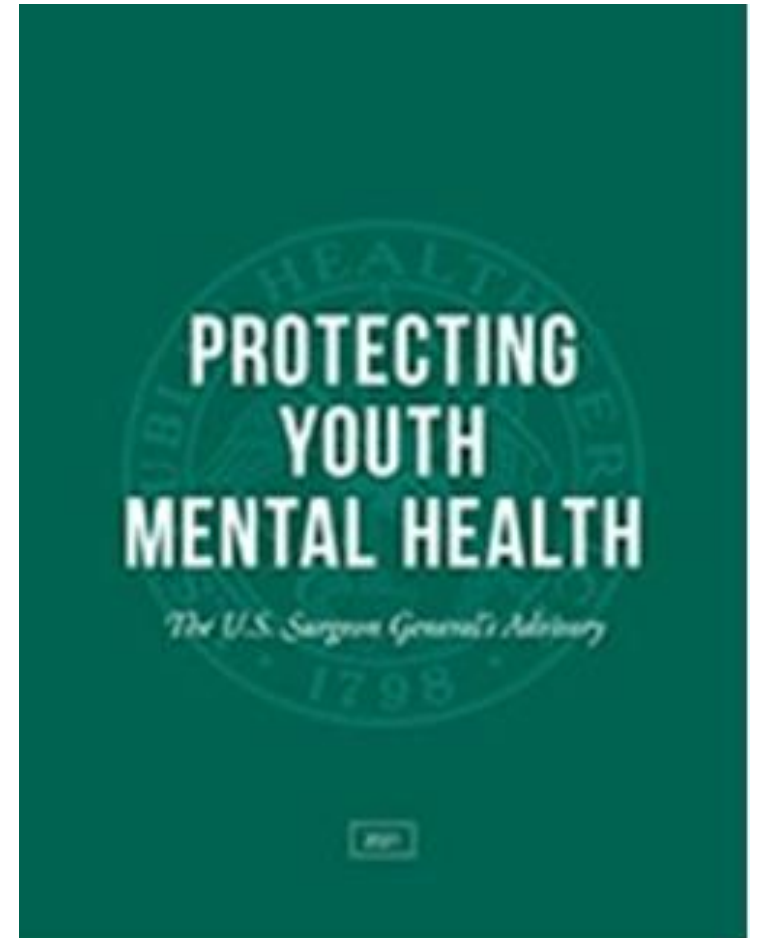
Coordination

Surveillance

Federal
Response to
COVID-19

Federal Milestones

- Surgeon General Advisory on Youth MH
- President's Mental Health Plan
- "High Water Mark" for MH/SUD legislation





DISTRIBUTION OF COVID
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EFFORTS TO
COORDINATE AGENCIES

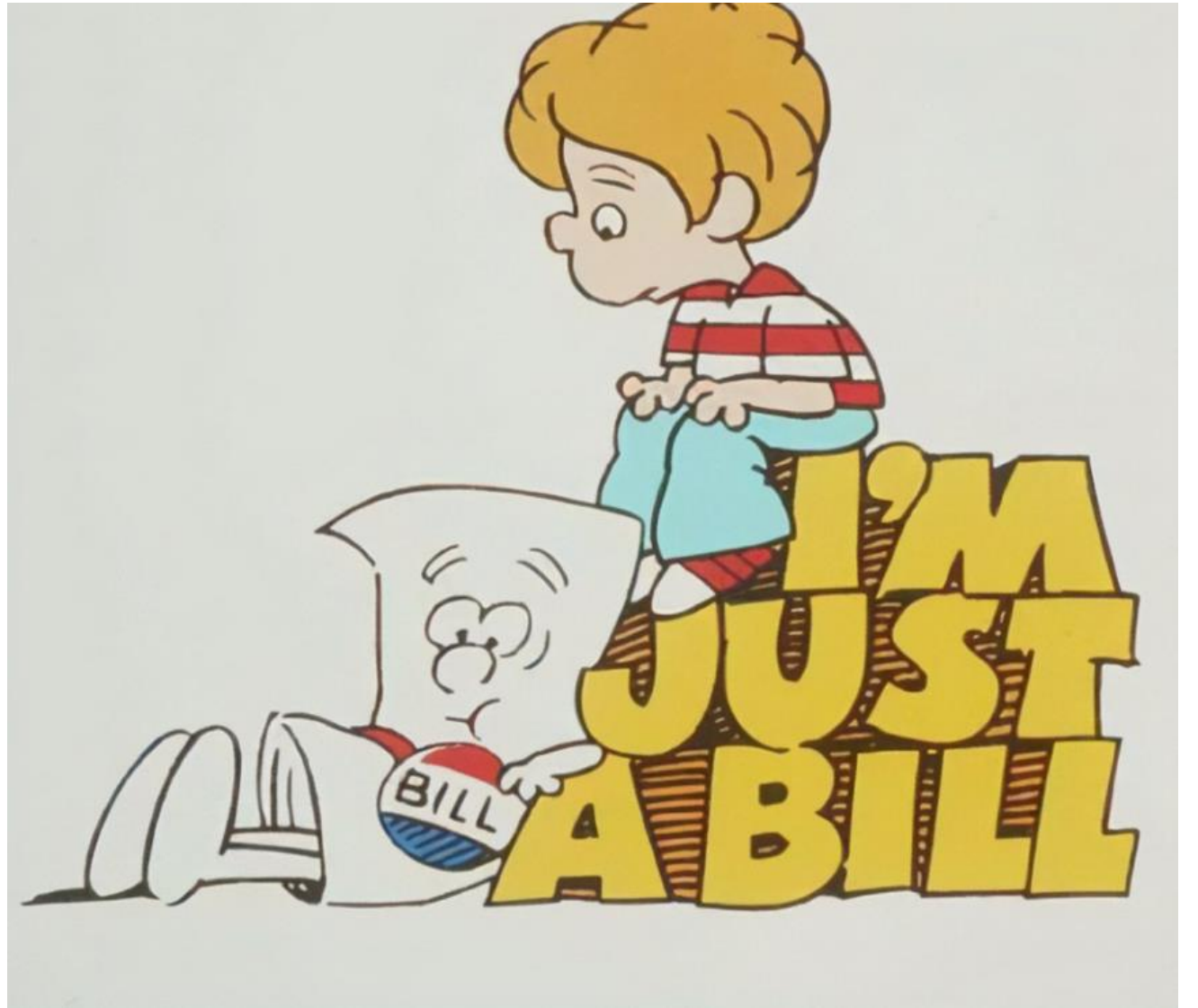


988 RESOURCES

Executive Efforts

Legislative Efforts

- Senate Finance Committee
 - Report
 - Working Groups
 - SAMHSA Reauthorization
- *Clock is Ticking***



Future Challenges



Workforce



988 Implementation



Expanding Behavioral Health Continuum



Funding



Coordination at all levels

**“Knowing is not enough.
We must apply. Willing is
not enough. We must do.”**

–Bruce Lee

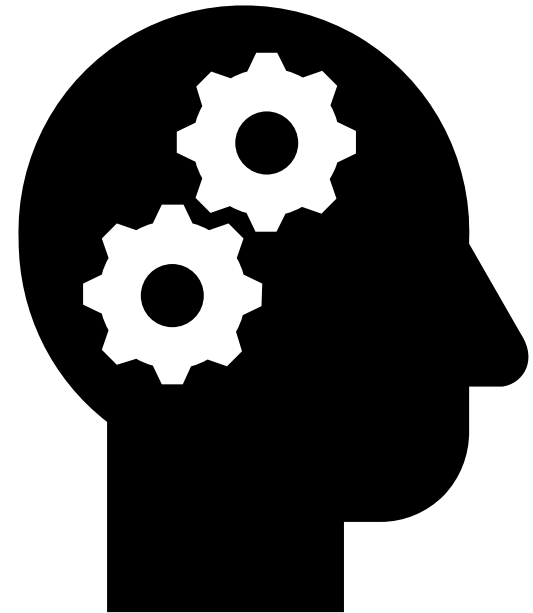
Strategies to Impact Policy

One Framework for Advocacy

- Head
- Heart
- Feet

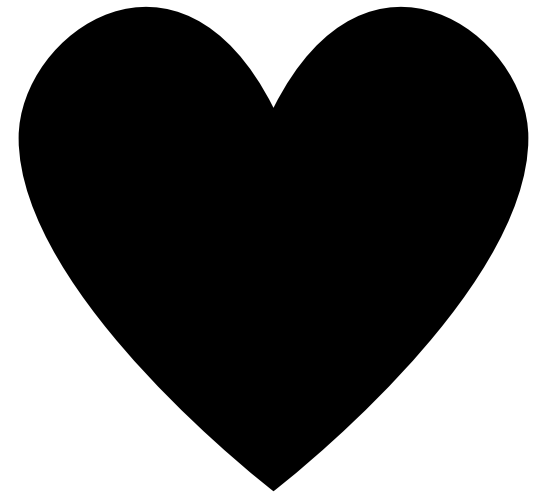
Head

- Logic
- Statistics
- Impact



Heart (empathy)

- Personal stories
- Emotional appeals
- Values



Feet (direction)

- Actionable items
- Process focused
- Next steps





Thank You

Nacbhdd.org

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