



Behavioral Health Disaster Management
National Dialogues for Behavioral Health Conference
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Imperial Calcasieu HSA

Imperial Calcasieu Human Services Authority (ImCal HSA) was created by the Louisiana State Legislature under the provisions of LA Revised Statutes 28:910 through 28:918 to provide for the administration, management and operations of behavioral health and developmental disabilities services to the citizens of Allen, Beauregard, Calcasieu, Cameron, and Jeff-Davis parishes.



Imperial Calcasieu HSA

ImCal provides outpatient mental health and substance abuse treatment for adults, adolescents and children. Our multidisciplinary team is comprised of Licensed Clinical Social Workers, Licensed Professional Counselors, Licensed Addictions Counselors, Psychiatrists, Psychiatric Nurse Practitioners, Registered & Licensed Practical Nurses, Pharmacists and a Dietitian.

Psychiatric and Psychosocial Evaluations
Individual, Group, and Family Therapy
Addictions Outpatient, Intensive Outpatient Treatment and Referral
Medication Assisted Treatment (MAT)
Medication Management
Primary Care



2020-2021 for Southwest Louisiana

FIVE Federally Declared Emergencies/Disasters in 15 months

- March 2020 – COVID
- August 2020 – Hurricane Laura
- October 2020 – Hurricane Delta
- January 2021 – Winter Storm Uri
- May 2021 – City of Lake Charles Flood Event

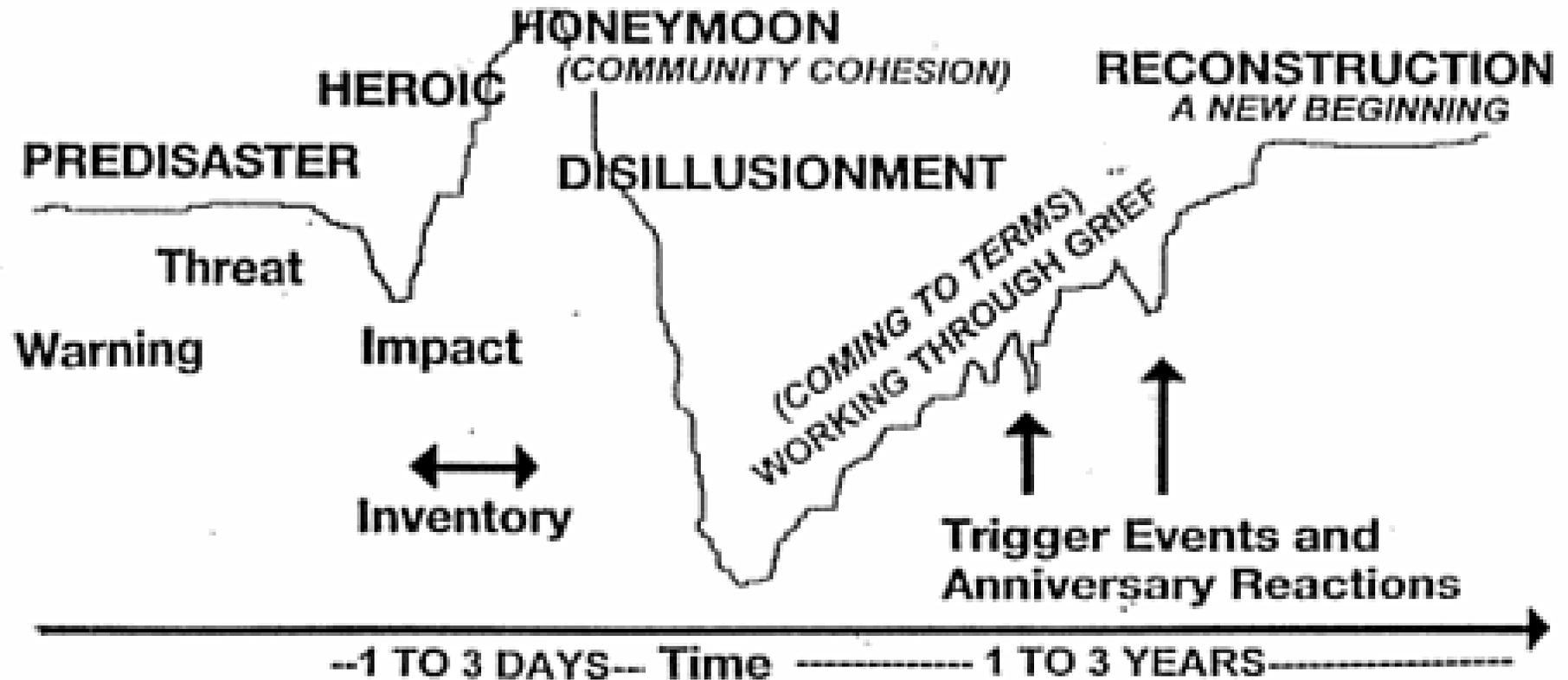


Disaster Management Phases





Phases of Disaster



ImCal HSA Action Steps

Pre-event

- Initiate Internal Emergency Operation Plans
- Communication with Local Officials
- Collaboration with Community/State Providers
- Personal Preparedness for Staff
- Information Sharing with Clients/Patients

Event

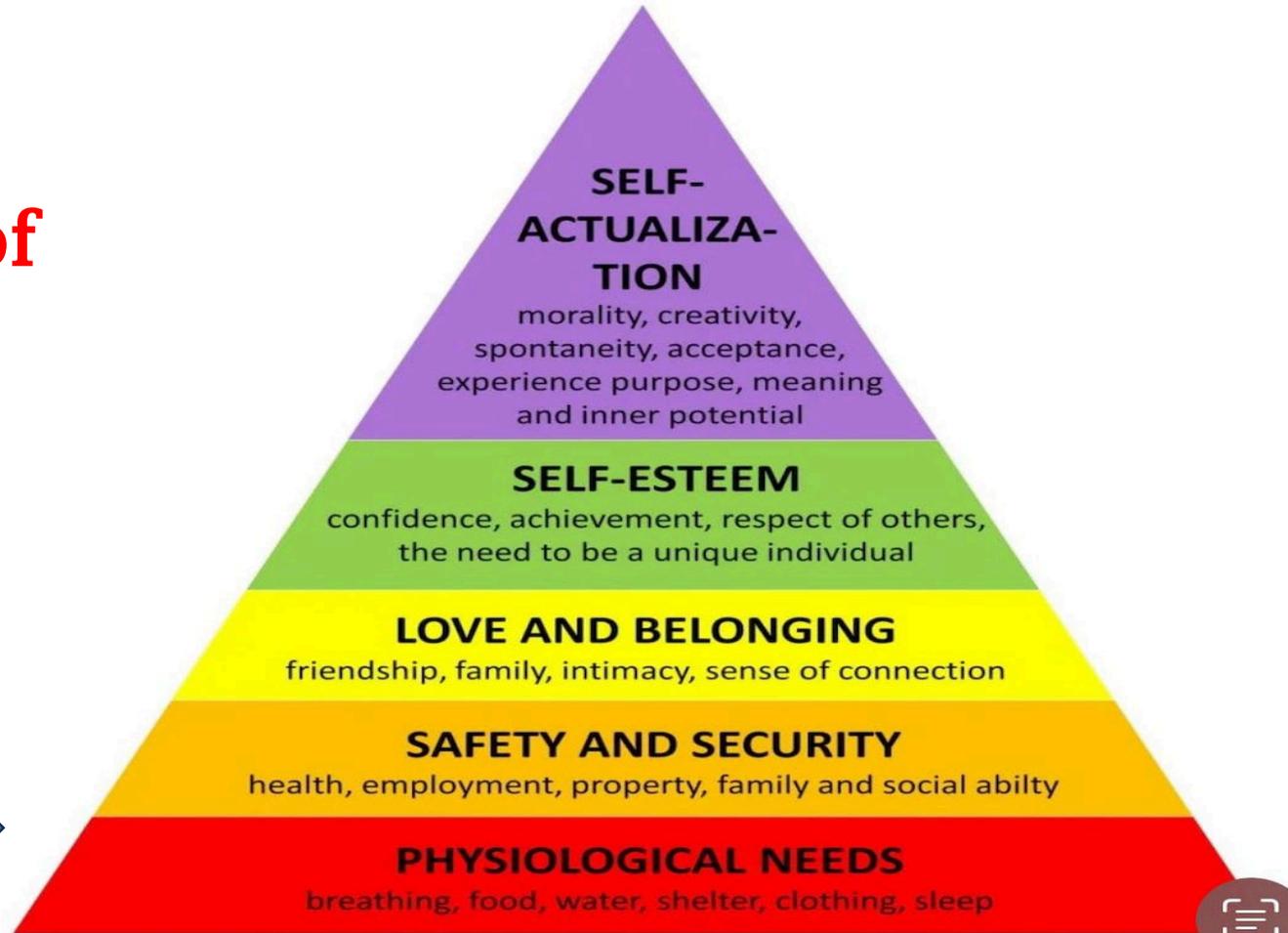
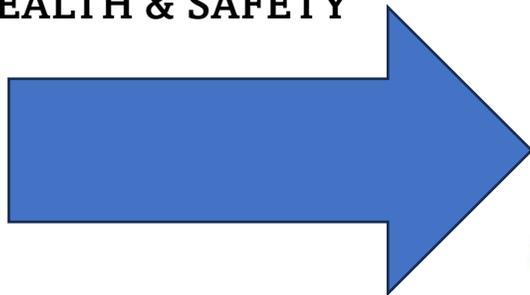
- Implement Emergency Operation Plans
- Communication with Local Officials
- Regular Check-in with Staff
- Information Sharing with Clients/Patients



Post-event Initial Response

Maslow's Hierarchy of Needs

BASIC NEEDS
HEALTH & SAFETY



Post-event Heroic Phase



Mental Health vs Psychological First Aid

Mental Health First Aid

- ❖ Teaches participants how to recognize symptoms of a mental health problem
- ❖ Offers initial support until professional help is received or the crisis is resolved
- ❖ MHFA has a broader focus, includes the full range of developing mental disorders and associated crises
- ❖ Deals with a person who have an existing/developing condition

Psychological First Aid

- ❖ Technique for assisting people in the immediate aftermath of a traumatic incident or disaster
- ❖ Designed to reduce the occurrence of Post-traumatic stress injury
- ❖ PFA is not focused on any mental health diagnosis
- ❖ Goal to reduce stress and promote coping
- ❖ Help individuals feel safe and stable
- ❖ Usually offered by non-mental health professionals



ImCal HSA Action Steps

Post-Event

- ❖ Assessment of Facilities
- ❖ Check-in with staff
- ❖ Communication with Local Officials
- ❖ Collaboration with Community/State Providers
- ❖ Information Sharing with Clients/Patients

RESTORATION OF IMCAL SERVICES

staff facilities access to auxiliary resources community needs



Community Recovery Phase

Calcasieu Parish Police Jury Community Recovery Network

Committees addressing various infrastructure recovery

Healthcare

Education

Housing

Public Transportation

Water Systems

First Responders



Impacts on Behavioral Health

- ❖ Deaths due to overdose and suicide
Calcasieu Parish numbers doubled between 2020-2021
- ❖ BH reported as chief complaint in Hospital EDs
- ❖ Walk-in numbers @ ImCal BH Clinic - Lake Charles
avg. 8/day up to over 20/day
- ❖ Increase in crisis calls to Coroner's office for PECs



New Program Growth

- ❖ Partnership for Healthier SWLA
- ❖ Louisiana Bridge
- ❖ SWLA Behavioral Health Pipeline





Questions?